



BREAKFAST

DECEMBER 2018

Blount County Schools

Offered Daily: 1% Low-fat Milk
Non-Fat Flavored Milk

Offer vs Serve Requirement: Student must select 1 serving of Fruit, plus 2 other items

Monday	Tuesday	Wednesday	Thursday	Friday
Mini Pancakes w/Syrup 3 Or Cereal w/Toast & Jelly Juice Chilled Fruit	Mini Chicken Biscuits 4 Honey Cereal w/ Toast & Jelly Juice Chilled Fruit	Glazed Cinnamon Roll 5 Or Cereal Smokey Sausage Links Juice & Chilled Fruit	Toasted Bagel w/ Cream 6 Cheese OR Cereal w/Toast & Jelly Juice & Fruit	Southern Sausage Biscuit 7 Or Cereal w/Sausage Juice Fruit
Breakfast Bagel 10 OR Cereal w/ Toast & Jelly Chilled Fruit Juice	Southern Style Biscuit 11 Or Cereal Scrambled Eggs Crispy Bacon Juice & Fruit	French Toast Sticks w/Syrup 12 Or Cereal w/ Toast & Jelly Yogurt Juice & Chilled Fruit	Mini Cinnamon Rolls 13 Or Cereal Yogurt Juice & Chilled Fruit	Southern Sausage Biscuit 14 OR Cereal w/Sausage Juice Chilled Fruit
Country Ham Biscuit 17 Biscuit Toppers OR Cereal w/Toast & Jelly Juice & Fruit	Pancake Pups w/Syrup 18 OR Cereal String Cheese Juice Chilled Fruit	Chicken & Waffles w/Syrup 19 OR Cereal w/Toast & Jelly Juice Chilled Fruit	Cream Cheese & Jelly Stuffed 20 Bagel Or Cereal Yogurt Juice & Chilled Fruit	21 Managers Choice
24	25	26	27	28

Merry Christmas!!!!!!

31
 Holiday Break
 No School



Additional Grab/Go Breakfast Items Offered Daily. Items may include 12 oz Smoothies, Yogurt Parfaits, or Cereal Bar Options.
 Menu Subject to Change; Not all options available every day.

